

Creating an Edible Landscape

East Multnomah Soil & Water Conservation District

Why create an edible landscape?



- ✓ Eat fresh food!
- ✓ Know how it's grown
- √ Family time
- ✓ Connect to nature & food systems
- ✓ Build resilient communities

Elements of an Edible Landscape

Site assessment

Edible plants by type & zone

Planning for abundance

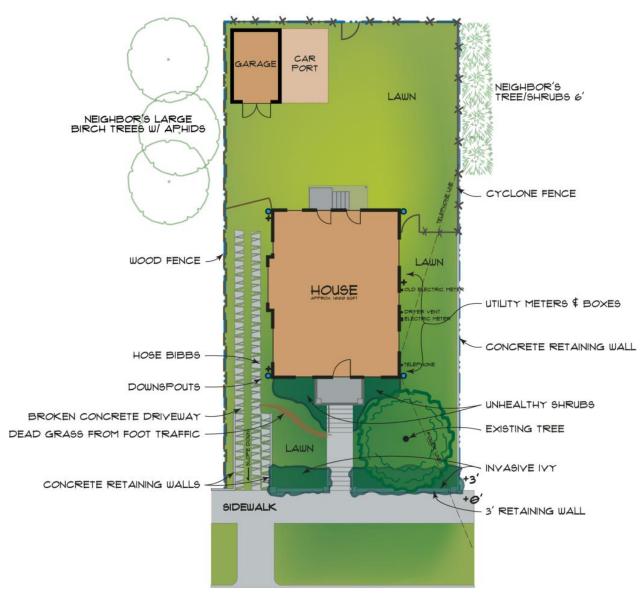
Break

Soil & water

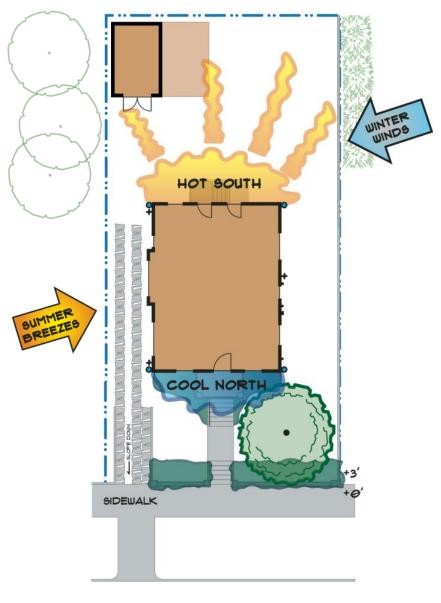
Integrated pest management

Beneficial insects & companion planting

ALLEY

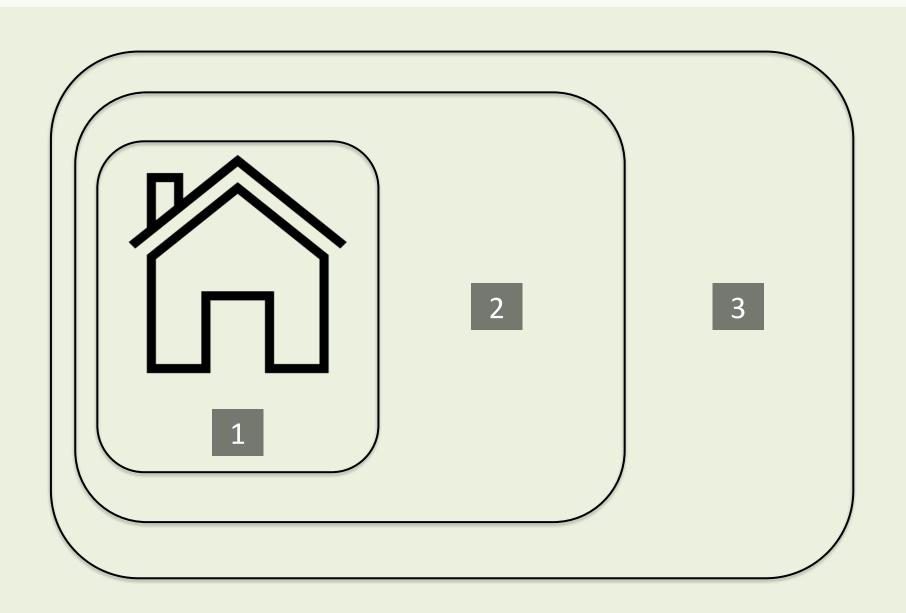






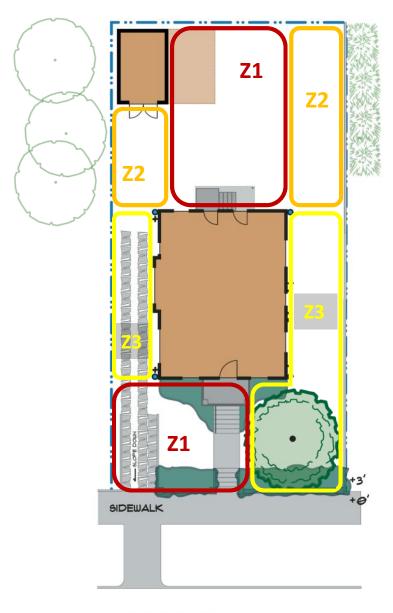


Zones



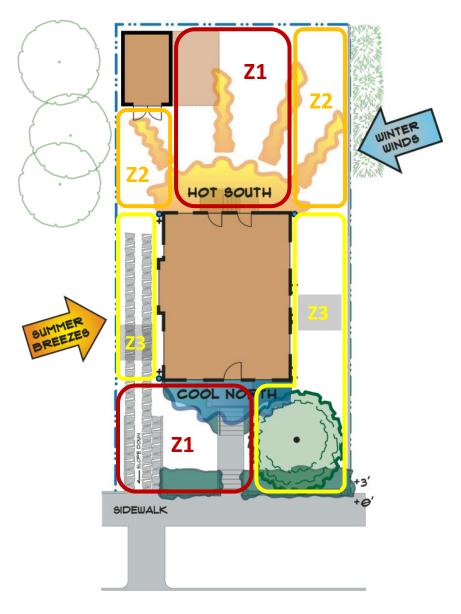
Zones





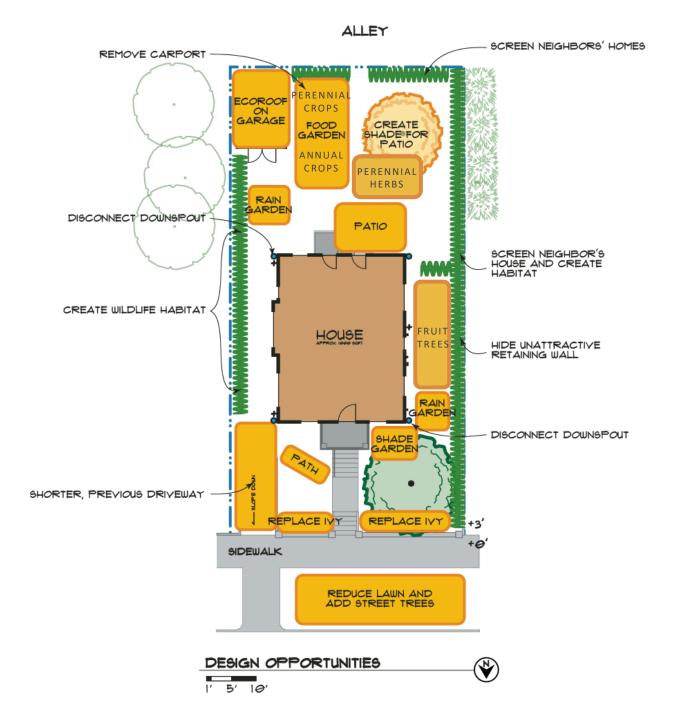






1' 5' 10'





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Annuals (Zone 1)

Harvested the same year they are planted:



Beans -- Carrots -- Kale -- Lettuce -- Peas -- Potatoes -- Tomatillos

Annuals (Zone 1)



Tomatoes

Bartelly, Green Zebra, Indigo, Gold Metal, Kellogg's Breakfast

Beans

Capitano, Dragons Tongue, Sunshine

Cabbage

Deadon, Red Express, Ruby Ball

Cauliflower

Cheddar, Flame Star, Graffiti, Romanesco

Eggplant

Annina, Barbarella, Fairy Tale, Ping Tung

Swiss chard

Bright Lights, Peppermint, Rhubarb

Herbs & Edible Flowers (Zones 1 & 2)

May be annual or perennial. May be woody or herbaceous.





Basil -- Borage -- Cilantro -- Fennel -- Mint -- Oregano -- Thyme

Herbs & Edible Flowers (Zones 1 & 2)

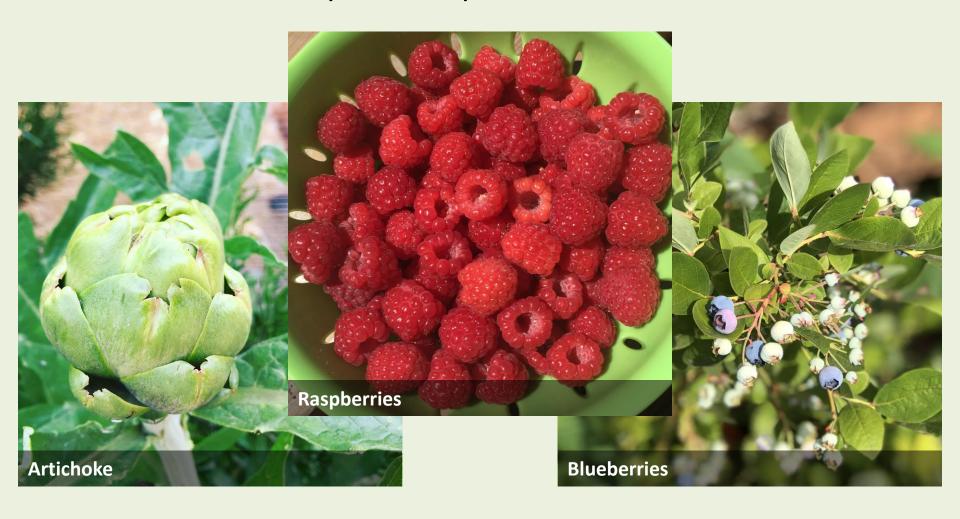


Layer different textures -- Echo similar colors

Photo: Radish Gardens

Perennials (Zones 2 & 3)

May be woody or herbaceous.



Asparagus -- Currants -- Grapes -- Huckleberry -- Rhubarb

Photos: Radish Gardens

Fruit & Nut Trees (Zone 3)

Perennial. Trees that bear edible nuts, berries, fruit, or flowers.





Cherry -- Hazelnut -- Pear -- Persimmon -- Quince -- Walnut

Perennials & Fruit Trees



Attractive Blooms

Apple, Aronia, Artichoke, Bush Cherry, Cornelian Cherry, Pear, Plum, Quince

Colorful Fruit

Cornelian Cherry, Goumi, Currant, Persimmon, Pomegranate

Fall Color

Aronia, Asparagus, Blueberry, Jujube, Pawpaw

Evergreen Foliage

Feijoa, Evergreen Huckleberry, Himalayan Huckleberry, Lingonberry, Loquat, Salal

Photo: Radish Gardens

Edible Pacific NW Natives













Photos: University of Oregon and University of Washington

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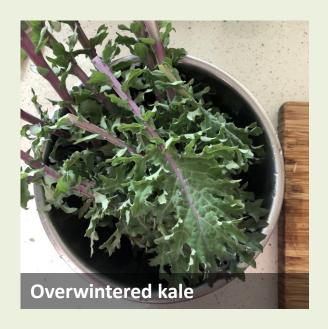
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Beneficial insects & companion planting

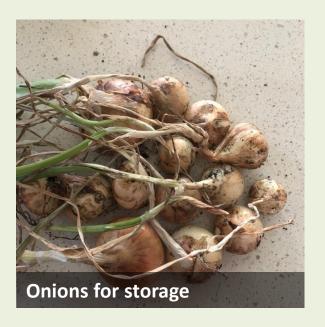
Create a Wishlist

EDIBLE LANDSCAPING WISH LIST Fruits, veggies, and herbs that you enjoy eating: Fresh foods you buy often from the grocery store: Things you know you'll want to do with your harvested crops: (examples: pickling, making jam or jelly, daily salad for lunch, fresh after-school snacks, etc.) Fruits, veggies, and herbs that you're curious to try:

Diversify to extend your harvest





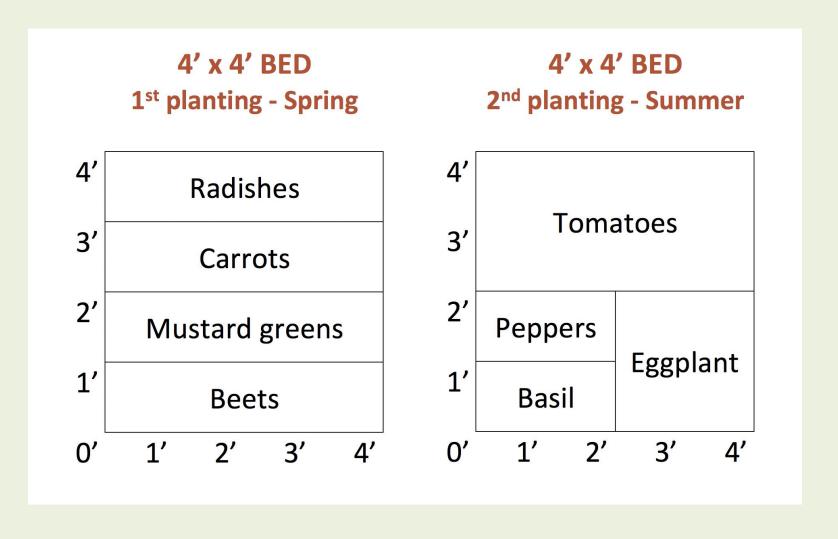




Photos: Radish Gardens

Plant again and again

Succession planting: planting *short and half-season* crops multiple times per year.



Plan for Fall and Winter

Fall crops: plant in late summer for a fall harvest.



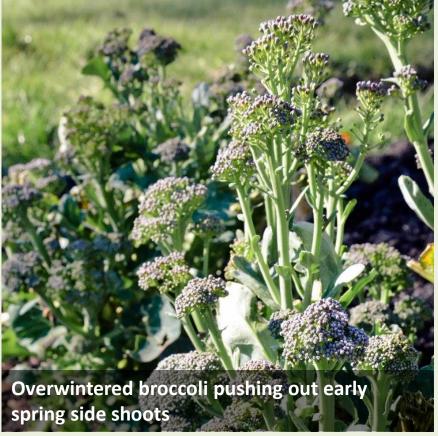
Arugula -- Beets -- Cilantro -- Leaf lettuce -- Kohlrabi Mustard greens -- Radishes -- Spinach -- Turnips

Photo: Radish Gardens

Plan for Fall and Winter

Overwintering crops: plant frost-tolerant crops in late summer or early fall for winter or early spring harvest.





Cabbage -- Collards -- Kale -- Leeks -- Mustard greens

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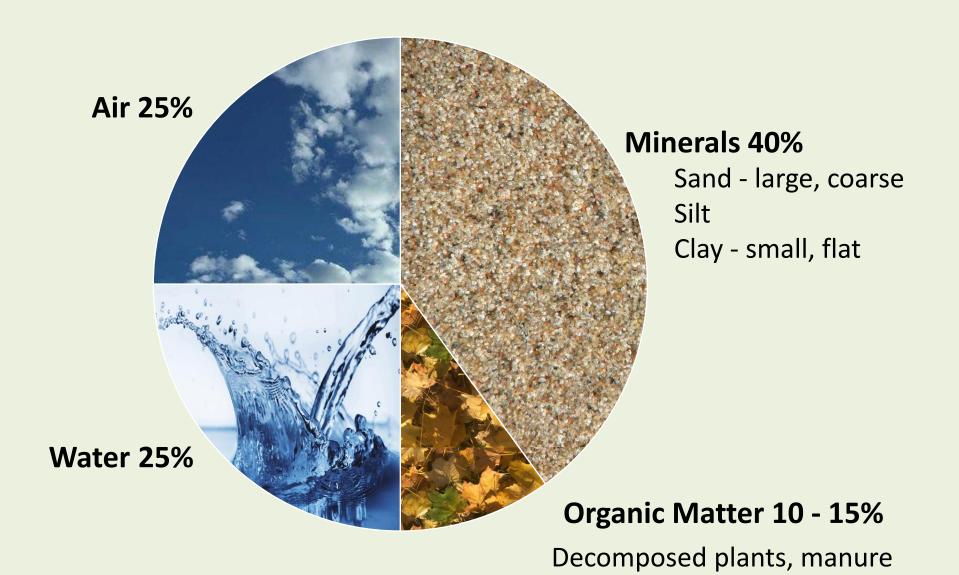
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What makes great garden soil?



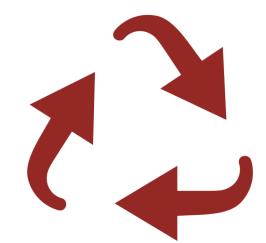
Building Healthy Soil

1. Plant waste fed to livestock or composted



2. Organic matter added to beds, feeds soil life







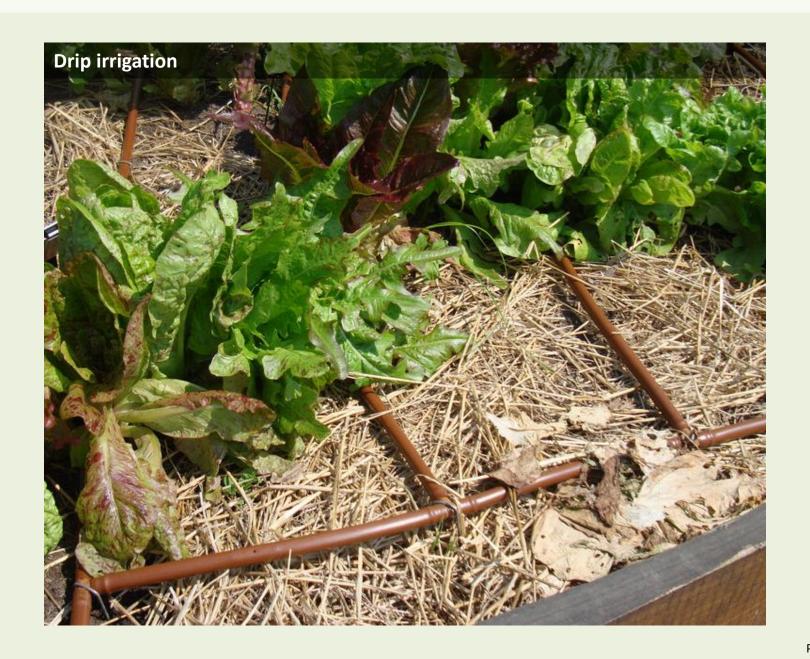




4. Plant roots take up available nutrients, water

3. OM broken down by worms, bacteria, fungi, etc.

Be Smart About Water



Be Smart About Water



Be Smart About Water



Photo: EMSWCD; Drawing: City of Portland

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Integrated Pest Management (IPM)



Systematic approach to prevent/minimize problems using **least harmful methods first**.

Photo: Radish Gardens









Photos 1-3: Radish Gardens; Photo 4: Royal Horticultural Society

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Beneficial Insects & Wildlife





FREE Beneficial Insect workshop at emswcd.org

Beneficial Insects & Wildlife

Food & Water

Multiple seasons

Plant diversity



Overwintering

Multiple layers
Leave the leaves!



Photos: Radish Gardens

Pacific NW Natives for Habitat













Photos: Radish Gardens

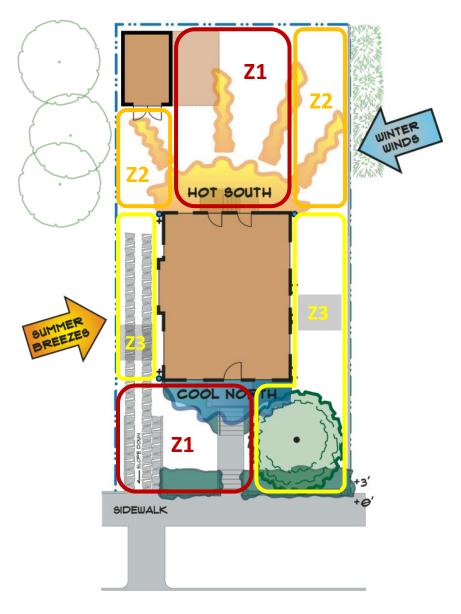
Companion Planting

Increase plant diversity to create mutually beneficial ecosystem.



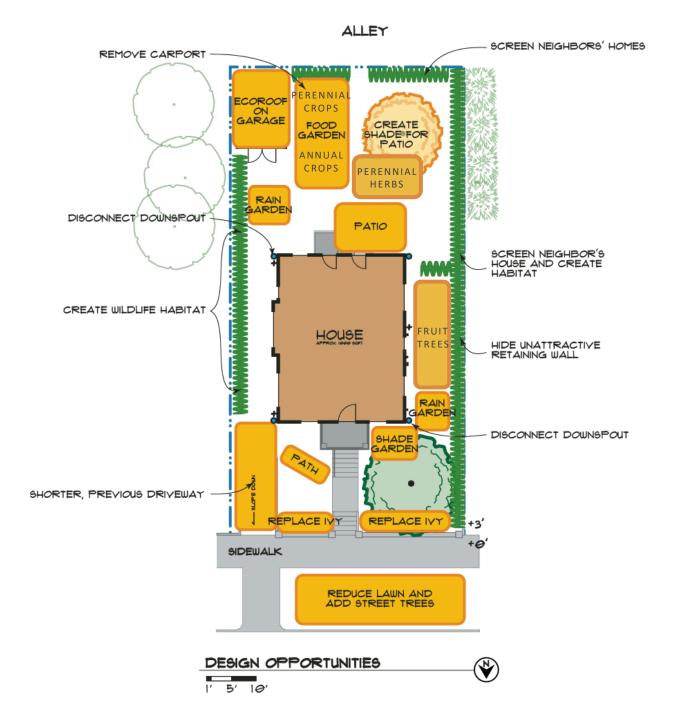


Alyssum -- Borage -- Calendula -- Chives -- Marigold -- Scabiosa



1' 5' 10'







-- A. Hepburn

EMSWCD Conservation Directory:



EMSWCD » Home

What is EMSWCD?

Learn more about East Multnomah Soil and Water Conservation District: who we are, where we work and what we do!

Find the services you need in our Conservation Directory!



Whether you need native plants or some design help, soil testing or weed control, chances are you'll find it in our Conservation Directory!

Conservation Directory

The East Multnomah Soil and Water Conservation District (EMSWCD) is a unit of local government serving Northwest Origon's Multnomah County east of the Willamette River. We work entirely on a voluntary, nor-regulatory basis. All of our work is geared toward keeping water clean, conserving water and keeping soil healthy!

Upcoming EMSWCD Board and Committee Meetings

The East Multnoman Soil and Water Conservation District (EMSWCD), serving all of Multnoman County East of the Willamette River, has scheduled Board meetings and Grants, Land Legacy and Personnel Committee meetings at the District Office (5211 N. Williams Ave, Portland, OR 97217) for the months of September through December 2018.

Visit this page to see a calendar of upcoming meetings.

September 2, 2018

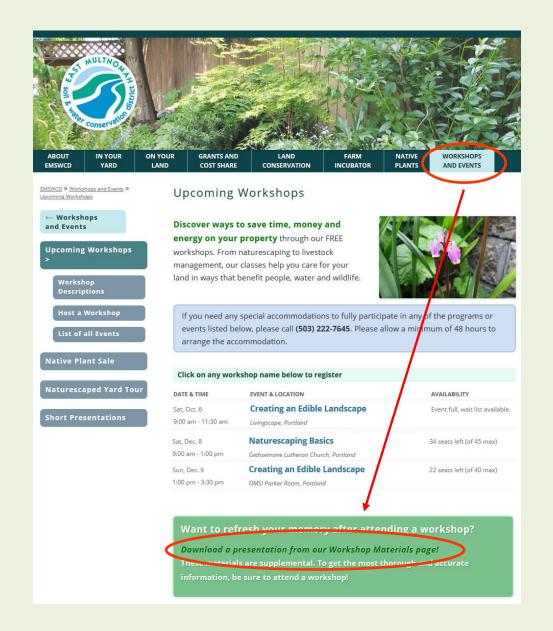
Register for a free workshop

our fall season of workshops is here! We

offer free and practical how-to workshops at a variety of locations in collaboration with our community partners. Discover simple gardening ractices that will help you create a beautiful landscape that conserves water, reduces pollution



Presentation available online:



Attend other EMSWCD workshops!

Learn how to create natural landscapes that conserve water, reduce pollution, and attract beneficial wildlife!

Pollinators

Native Plants

Beneficial Insects

Naturescaping

Rain Gardens

Invasive Urban Weeds





Tell your friends and neighbors!





www.emswcd.org/workshops

